



LIFE'S HEALING CHOICES

Sermon Series Notes

9.30.18

Part Three: The Commitment Choice

Choice 1: The Reality Choice: realize I'm not God, admit I'm powerless to control my tendency to do the wrong thing and my life is unmanageable.

Choice 2: The Hope Choice: earnestly believe that God exists, that I matter to Him, and that He has the power to help me change.

*"Blessed are the meek, for they will inherit the earth."
Matt. 5:5 (NIV)*

What does **MEEK** mean? _____

Meekness has always been God's way for humanity

[Job 5:11, Num 12:3, Ps 25:9, Eph 4:1-2, Col 3:12, Titus 3:1-2]

(1) Meekness means I acknowledge:

> Confidence in _____ I am

- "God, your God, is the God of all gods, he's the Master of all masters, a God immense and powerful and awesome." Deut. 10:17 (MSG)

> Confidence in _____ I am

- "Everyone who believes that Jesus is the Christ is a child of God." 1 John 5:1a (NLT)

(2) Consciously choose to commit _____

- "Don't you realize that whatever you choose to obey becomes your master? You can choose sin, which leads to death, or you can choose to obey God and receive his approval." Romans 6:16 (NLT)

> all my life and will: _____

- "So no one can become my disciple without giving up everything for me." Luke 14:33 (NLT)

> to Christ's care & control: _____

- "Come to me, all of you who are weary and over-burdened, and I will give you rest!" Matthew 11:29 (PH)

Choice 3: The Commitment Choice: consciously choose to commit all my life and will to Christ's care and control.

"I [Jesus] came so they can have real and eternal life, more and better life than they ever dreamed of." John 10:10b (MSG)

REMEMBER: Celebrate Recovery is happening every Friday night. This is a place of love and support where God will connect you with others and you will find help on the path to healing from your hurts, habits, and hang-ups



CHAT!

Group Discussion Week Three THE COMMITMENT CHOICE

Review the Message Sunday

What did God whisper to you?

What challenged you?

What encouraged you?

1| MEEK IS STRENGTH UNDER CONTROL

According to 1 Peter 2:21-23, what ideal would we reach for if we followed Christ's example?

- ✓ How do you feel about emulating this model? What characteristics are the hardest to follow?
- ✓ The Greek word for meekness used in the Bible is *praus*, which can mean mild or humble or can be described as a wild animal whose manner has been tamed by a master. 1 Peter 2:21-23 is describing this strength under control. Do we see meekness today, either as defined or through Christ's example, as a strength? Why or why not?
- ✓ Why do you think God views meekness as strength?

2| THE MEEKNESS OF MOSES

How is Moses described in Numbers 12:3?

- ✓ The Revised Standard Version and the King James Version use the adjective "meek." When you think of Moses, is this the adjective you would use to describe him? How does its use here redefine our contemporary understanding of the word?

3| MEEKNESS IS MY DECISION MADE CONSCIOUSLY

According to Romans 6:16 why are people comfortable being their own master?

- Why is it so difficult for people to "let go and let God"?
- Choice is always "on," in that we are continually choosing "my way or God's way." Discuss how we accomplish keeping a commitment to God.

According to Luke 14:33, what must we do to become a follower of Jesus Christ?

- It's easy to compartmentalize Jesus, relegating him to a place in our lives we choose to follow sometimes. What would our lives look like if we chose to give him everything and follow him all the time?

Matthew 11:29, what invitation does Jesus extend?

- It's easy to think of faith being a life of difficult dos and don'ts. How does Christ's invitation to us here change that image for you?

Discipleship – We grow in Christ when we choose to keep saying YES in obedience to Jesus' direction. What is the next YES Jesus is asking of you?

*Remember that there is an OPEN Community Group every Wednesday from 6:30-8:00 here at Fusion. You can bring a snack to share if you want.

** Remember to use the daily devotional challenge on the back of the bulletin for daily Scripture readings, or use the corresponding plan from the YouVersion Bible App on a smartphone, tablet, or computer.